

11th Annual Ozark Greenways Adventure Race

RACE RULES

FAILURE TO COMPLY WILL RESULT IN AUTOMATIC DISQUALIFICATION

General - Racers (Team/Duo/Solo):

- Must carry their own gear, except for boating equipment and bike equipment.
- Cannot stash any gear or leave anything behind on the course, including trash!
- Must start and finish each course section with all required equipment.
- Must wear a bike helmet (no other types of helmets allowed) on the bike course and it must be buckled when racer is on the bike.
- Tandem bikes are not allowed.
- Must have life vests on and fastened at any time while in or on the water/river.
- Cannot receive support from anyone along the racecourse, except for medical personnel.
- Racers can help each other if they wish to.
- Must wear their race number on the front of their body, so it is visible.
- Must stay on the racecourse as marked – Respect private property.
- No littering or violating proper outdoor ethics. Restroom facilities/port-a-potties are located along the course
- No drugs, alcohol or pets on the racecourse.
- Good sportsmanship and spirit of competition must be followed at all times during the race.

Navigation - Racers (Team/Duo/Solo):

- Each team, duo and solo will receive a passport to be carried by the captain of teams and duos.
- A scaled topo map with checkpoints marked will be provided (1/team or duo) and racers must visit each in the order listed unless otherwise noted in the clue sheet provided.
- A compass is mandatory. The use of any electronic navigation device is prohibited.
- Must use the mode of transportation specified for each leg of the race.
- Team and duo members must stay within 100 feet of each other at all times during the race.
- The passport must be accurately punched at each checkpoint.
- To complete each leg of the race the entire team or both racers of the duo must reach the checkpoint together before they can proceed to the next section.

Medical issues and/or team/members dropping out:

- Racers can seek medical assistance without disqualification. Paramedics have the final decision in allowing a racer to continue the race after seeking medical assistance.
- Race Officials can hold a racer for paramedic clearance before continuing the race.
- If one or more members of a team cannot continue, remaining members can continue as a partial team.
- Team Captain MUST notify a Race Official at the nearest transition point if the team, duo or a member must drop out. Remaining team members may continue racing, but won't qualify as official finishers and cannot change categories at that point.
- Solo racers are responsible telling a Race Official at nearest transition point if they are dropping out.
- A SAG vehicle will take you back to headquarters if necessary.

Finish Line:

- An "Official Team Finish" is when teammates finish the race together with their passport correctly stamped.
- The winner for each category will be based upon the fastest time with all checkpoints correctly stamped.
- There will be no time penalty for a missed checkpoint. However competitors that miss a checkpoint will be ranked below those that have not missed checkpoints.
- Any other finish will fall into the "PTF", "DQ", or DNF" category and will be ranked below complete teams/duos
- All racers crossing the finish line will receive a finisher's prize.

Race Details:

- Racers are allowed to access their vehicles/campsite at headquarters during the race.
- Water will be available at most transition points to refill water bottles and hydration bladders.
- Racers can keep gear/food with their bike (location to be announced on race morning).
- Race Director reserves the right to disqualify a team, change a team's name, or change a team status after the race for any reason.
- Race Director will not declare the results official until after the completion of the race
- Ozark Greenways is not responsible for lost, stolen or misplaced equipment.